

⚠ This is a preview of your Family Emergency Plan.

Your complete personalized plan includes:

- ✓ Quick-Start emergency actions  
(first 10 minutes + first hour)
- ✓ Household profile and preparedness overview
- ✓ Water planning for 72 hours
- ✓ Food and no-cook meal strategy
- ✓ Energy, lighting and power outage preparation
- ✓ First-aid and medical readiness
- ✓ Family communication plan and SMS templates
- ✓ Emergency contacts and wallet cards
- ✓ Evacuation planning and rally points
- ✓ Guidance for kids, seniors and pets
- ✓ Document and insurance protection
- ✓ Practical checklists and real emergency scenarios

Generate your full personalized plan instantly  
for your family and location.

Scroll to preview the first pages of your plan

Below is an example of the first pages  
of a real Family Emergency Plan.

Your plan will be fully personalized  
for your household and location.



# Example Family

Personalized emergency readiness plan — built for your household and your local conditions.



**Family Prep Plan**

Premium • Personalized • Practical

- Format: Letter
- Units: imperial
- Theme: safety
- Document ID: FPP-20260308-EXAMPLEFAM

## HOUSEHOLD AT A GLANCE

ADULTS **2** CHILDREN **2 [5, 9]** INFANTS **0** SENIORS **0**

PETS **DOG 8KG** HOME **HOUSE**

## HEALTH & DIET

ALLERGIES **NONE**

DIETS **NONE**

## LOCATION & COMMUNICATIONS

CITY **YOUR CITY** ZIP CODE **—** CLIMATE **TEMPERATE**

RALLY **HOME ENTRANCE** BACKUP **LOCAL PARK**

SMS **ENABLED**

## FOOD/WATER & ENERGY

BUDGET **—** NO-COOK **YES** POWERBANKS **2 WH**

GENERATOR **NO** SOLAR **NO** UNITS **IMPERIAL**

PREPARED FOR  
**Example Family**  
Your City

ISSUED ON  
**March 8, 2026**  
FPP-20260308-EXAMPLEFAM

## QUICK ACCESS



## PRIMARY HAZARDS

< power outage < power outage

< severe storm < flood

< hurricane < wildfire

## CONFIDENTIALITY

This plan is intended for household use only. Always follow official local emergency guidance and alerts.



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Sections are clickable in the PDF.

Theme: safety

## QUICK-START

# First 10 + 60 Minutes

4 persons • 1 pet • Meeting: Home entrance (alt: Local park)

### FIRST 10 MINUTES — DO THIS NOW

1. Account for everyone: 4 people, 1 pet.
2. Lights on: use headlamps/flashlights (no candles).
3. Send SMS to family group: "SAFE @HOME — all accounted for."
4. Check hazards: gas smell (hissing), live wires, visible fire, flood ingress.
5. If you SMELL gas: do NOT use switches; evacuate, call utility from outside.
6. Grab Go-Bags + critical meds, power banks, IDs, wallet cards.

### NEXT 60 MINUTES — STABILIZE THE SITUATION

1. Water now: fill sinks, pitchers, bottles — target 72h: 20 gal.
2. Plan no-cook meals (canned, ready-to-eat, bars).
3. Charge devices & rotate power banks.
4. Set meeting point: Home entrance (backup: Local park).
5. Check vulnerable neighbors (elderly, mobility, infants).
6. Secure home: doors/windows; move valuables above potential flood line.
7. Review evacuation route and car kit; fuel > ½ tank if possible.

### IF YOU MUST EVACUATE

1. Take Go-Bags, documents, meds, chargers, pet carriers/food/water, wallet cards.
2. Unplug non-essential electronics; turn off gas only if instructed by authorities.
3. Inform your out-of-area contact of destination and ETA.
4. Use primary route; if blocked, follow alternate route to safe shelter.

### HOUSEHOLD QUICK FACTS

People 4

Pets 1

Headlamps 4

LED flashlights 2

Water (72h target) 20 gal

Meeting point Home entrance

Backup point Local park

### COMMUNICATION — TEMPLATES & STATUS

- SMS 1: "SAFE @HOME — 4/4 accounted. Meeting Home entrance."
- SMS 2: "EVACUATING — route clear? Meet Local park if unsafe."
- Status codes: S0=Unknown, S1=Safe, S2=Help needed, S3=Emergency.

### SHUTOFFS & SAFETY (ONLY IF TRAINED)

- Electric: main breaker (OFF) if water intrusion or sparking.
- Water: main valve if pipes burst.
- Gas: shut off ONLY if you smell gas or hear hissing; professionals must restore.
- CO/smoke alarms active; generator OUTDOORS only.

### GO-BAG ESSENTIALS (PER PERSON)

- Headlamp × 1 • Spare batteries/USB
- Water & energy bars (check allergies)
- Whistle, gloves, mask
- Basic first-aid + meds (7-day)
- Phone + power bank + cable
- Copies: ID, insurance, contacts
- Warm layer / rain shell / socks
- Pet food, leash/carrier, vet record

## HOUSEHOLD PROFILE

# Example Family

4 persons • 2 children [5, 9] • Infants: 0 • Seniors: 0 • Pets: 1

### AT A GLANCE

Adults	2
Children	2
Infants (0-2y)	0
Young (3-7y)	1
Youth (8-12y)	1
Teens (13-17y)	0
Seniors (65+)	0
Total people	4

### HEALTH & DIET

- Allergies: None declared
- Diets: None declared

Keep a printed list of medications and dosages in the full guide.

### PETS

- dog — 8kg

Include food, water, carrier/leash, and vaccination records.

### HOME & LOCATION

Home type	house
City	Your City
Zip Code	—
Climate	temperate

### COOKING CAPABILITY

- Electric: Yes
- Gas (manual shutoff): No
- Camp stove: Yes

### ENERGY & STORAGE STRATEGY







Power banks	2 Wh (total)
Generator	No
Solar	No
No-cook plan	Yes
Food/water budget	—

Prefer shelf-stable items; rotate water every 6 months.

### COMMS & RALLY POINTS

Primary rally	Home entrance
Backup rally	Local park
SMS templates	Enabled

### PRIMARY RISKS

 power outage	 power outage	 severe storm
 flood	 hurricane	 wildfire

Profile is confidential. Update after major family or home changes.

Imperial

Want your own personalized Family Emergency Plan?

Generate it in less than 2 minutes  
for your household and location.

